

# ARTS EMERGENCY

## GOAL SETTING

Goal setting is key to a good year of mentoring, and we encourage all of our mentor pairs to set goals at the start of their mentoring relationship. Some goals will be immediate wins. Some will take time to achieve. Goal setting helps you start thinking about the future and opens up conversations about what that might look like. We recommend using this form in your meetings with your mentor to help structure your discussions.

You can also find this form in your Mentee Handbook.

	Goal 1	Goal 2	Goal 3
What is my goal?			
How will I achieve this goal?			
How will I know if I have achieved this goal?			
When will I have achieved this goal?			